**3.11 Management of Asthma Policy**

**EYFS key themes and commitments**

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| **A Unique Child** | **Positive Relationships** | **Enabling Environments** | **Learning and Development** |
| 1.4 Health and well-being | 2.1 Respecting each other | 3.2 Supporting every child |  |

**Policy Statement**

Sandbach Heath (St. John’s) Playgroup welcomes children with asthma, ensures that children with asthma can participate fully in school life and recognises that children with asthma need immediate access to their **blue reliever inhalers**

• Maintains a record of all children with asthma and their medication

• Ensures an asthma friendly environment

• Ensures all staff know what to do in the event of an asthma attack

**Guidance**

In order to achieve the above, the following guidance is recommended:

• All senior staff receives training from each parent of a child with asthma, ensuring they are aware of how to deal with that child’s individual need.

• Playgroup clearly displays “What to do in the event of an Asthma Attack” posters at appropriate sites –in the kitchen

• All staff have a clear understanding of the procedure to follow when a child has an asthma attack.

• Medicines are stored in their original container, clearly labelled, in a securely fastened medicine bag located on a high shelf in kitchen (First Aid Cupboard) and are inaccessible to the children but accessible to Manager/Deputy two practitioners.

The playgroup maintains a list of children with asthma and individual children’s records with emergency treatment details on the first aid door

**Management of Asthma in Playgroup**

Early administration of the **blue reliever inhaler** will cause the majority of attacks to be completely resolved.

* Parents/carers should supply a labelled inhaler and, if needed, a spacer device.
* Parents/carers should provide written details (on a care plan and medication form) of the dose of reliever to be taken if the child has symptoms of asthma whilst at playgroup.
* The care plans and medication forms are kept alongside the medication.
* Information should be dated and signed by the parents/carers.
* Parents/carers should notify the playgroup in the event of any changes.
* Details to be reviewed termly with parents.

**In the Event of an Asthma Attack**

• Bring the inhaler to the child, not the child to the inhaler. Calm the child as much as possible to maximise the benefit from the inhaler technique.

• Ensure that **2 puffs of the blue reliever inhaler** are taken immediately. Whenever possible, allow medication to be taken where the attack occurs.

• If symptoms do not resolve, continue to give **1 puff every minute for 5 minutes**.

• Stay calm and reassure the child. Stay with the child until the attack is resolved.

• If the attack resolves and as soon as they feel better, the child can return to normal nursery activities.

• The child’s parents must be informed of the attack and confirmed in writing so that this information can also be passed onto the child’s GP. This should include where and when the attack took place (e.g. area of nursery and what activity), what medication was given and how much was given.

**Emergency Situation**

Call the ambulance urgently if:

• The blue reliever inhaler has no effect after 5 – 10 minutes of first using.

• The child is either distressed or unable to talk.

• The child is getting exhausted.

• The child’s lips are blue.

• You have any doubts at all about the child’s condition.

Continue to give the **blue reliever inhaler** (1 puff every minute) until help arrives.

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| This policy was adopted at a meeting of | Sandbach Heath (St. John’s) Playgroup | name of setting |
| Held on |  | (date) |
| Date to be reviewed |  | (date) |
| Signed on behalf of the management committee |  |
| Name of signatory |  |
| Role of signatory (e.g. chair/owner) |  |