**Large Group Activities**

 **Listening and Attention Activities/Physical Activities/Communication and Language**

* + Story telling with props.
	+ Children story telling.
	+ Guess the drawing.
	+ Logo game
	+ Musical Instruments - Everyone play with me-
	+ Drawing/painting to music.
	+ What’s in the bag/box phonics.
	+ Rhyme sticks.
	+ Musical Soundbox.
	+ 4 Corners- shapes, colours, letters, numbers.
	+ Don’t wake the monkey (Pass a key or musical instrument quiet as possible)-

*Little monkey sleeping on the ground,*

*SHH SHH SHH.*

*We must not wake him with a sound .*

*SHH SHH SHH*

* Guided Relaxation story/script.
	+ Parachute- pairs swapping places with children/clothes/hair/colours.
	+ Listening games/Loto/guess the sound.
	+ Scavenger Hunt- colours/objects/letters.
	+ Emotions- Act out the emotions, emotion cards, emotion stones.
	+ Roll, Roll, Roll the Ball- Questions/favourites.
	+ Story and CD.
	+ Story singalong (Barefoot books)- if we are happy and you know it (All about me).
	+ Heads, shoulders, knees and toes (All about me).
	+ The more we get together (All about me).
	+ We all go travelling by.
	+ On the journey home from grandpa’s.
	+ Walking through the jungle (animals).
	+ Over in the meadow (farms).
	+ Driving my tractor (farms & transport)
	+ The animal boogie (Animals).
	+ Up, up, up (transport).
	+ There’s a hole in the bottom of the sea (seaside).
	+ Five little mermaids (seaside)

* **Joe Wicks workout- spiderman/princess**
* **Sticky kids**
* **Dough gym**
* **Yoga- Cosmic kids' yoga**
* **Mindfulness – Tablet –**

Zen Den-Be the pond.

Moon and stars peace out.

Mindful Monday: blowing bubbles.

The listening game.

Quietly Louder now

Quickly now

Slowly now

Growing tired

Waking up

Everyone play with me

* **Mindfulness – Activities –**

**Balloons** *(Pretending they are bubbles, gently tapping to music).*

**Breathing Hand** *(Running index finger up and down fingers, breathing in and out).*

**Painting Nature**- painting natural objects, sticks, leaves, logs.

* **Action rhymes-  Row, Row, Row your Boat.**

**Head, shoulders, knees.**

**Sleeping Bunnies.**

**If your happy and you know it.**

**The Wheels on the bus.**

**Here we go round the Mulberry Bush.**

**Hokey Cokey.**

**Ring Ring Roses.**

**Baby Shark.**

**Shake your sillies out (Alexa).**