**Large Group Activities**

**Listening and Attention Activities/Physical Activities/Communication and Language**

* + Story telling with props.
  + Children story telling.
  + Guess the drawing.
  + Logo game
  + Musical Instruments - Everyone play with me-
  + Drawing/painting to music.
  + What’s in the bag/box phonics.
  + Rhyme sticks.
  + Musical Soundbox.
  + 4 Corners- shapes, colours, letters, numbers.
  + Don’t wake the monkey (Pass a key or musical instrument quiet as possible)-

*Little monkey sleeping on the ground,*

*SHH SHH SHH.*

*We must not wake him with a sound .*

*SHH SHH SHH*

* Guided Relaxation story/script.
  + Parachute- pairs swapping places with children/clothes/hair/colours.
  + Listening games/Loto/guess the sound.
  + Scavenger Hunt- colours/objects/letters.
  + Emotions- Act out the emotions, emotion cards, emotion stones.
  + Roll, Roll, Roll the Ball- Questions/favourites.
  + Story and CD.
  + Story singalong (Barefoot books)- if we are happy and you know it (All about me).
  + Heads, shoulders, knees and toes (All about me).
  + The more we get together (All about me).
  + We all go travelling by.
  + On the journey home from grandpa’s.
  + Walking through the jungle (animals).
  + Over in the meadow (farms).
  + Driving my tractor (farms & transport)
  + The animal boogie (Animals).
  + Up, up, up (transport).
  + There’s a hole in the bottom of the sea (seaside).
  + Five little mermaids (seaside)

* **Joe Wicks workout- spiderman/princess**
* **Sticky kids**
* **Dough gym**
* **Yoga- Cosmic kids' yoga**
* **Mindfulness – Tablet –**

Zen Den-Be the pond.

Moon and stars peace out.

Mindful Monday: blowing bubbles.

The listening game.

Quietly Louder now

Quickly now

Slowly now

Growing tired

Waking up

Everyone play with me

* **Mindfulness – Activities –**

**Balloons** *(Pretending they are bubbles, gently tapping to music).*

**Breathing Hand** *(Running index finger up and down fingers, breathing in and out).*

**Painting Nature**- painting natural objects, sticks, leaves, logs.

* **Action rhymes-  Row, Row, Row your Boat.**

**Head, shoulders, knees.**

**Sleeping Bunnies.**

**If your happy and you know it.**

**The Wheels on the bus.**

**Here we go round the Mulberry Bush.**

**Hokey Cokey.**

**Ring Ring Roses.**

**Baby Shark.**

**Shake your sillies out (Alexa).**